



30th anniversary  
**Nederlandse Vereniging  
voor Arthroscopie**



## **Lustrum Congress 2021**

"Scope to the Future"

September 23 & 24, 2021  
Huis ter Duin, Noordwijk

Go to [www.scopie.org/jaarcongres](http://www.scopie.org/jaarcongres) to register



**Smith+Nephew**

# Welcome

Dear colleagues, friends and partners,

Third time lucky? In 2020 the NVA celebrated her 30st anniversary. Due to the Corona Pandamic we had to postpone the congress to 2021. First June and finally September.

Nevertheless we will celebrate! And we will do so with a spectacular event with a great line up of speakers and guests, at a well-known location: Huis ter Duin in Noordwijk.

The NVA is inviting orthopedic surgeons, sports physicians and physiotherapists to register for our lustrum meeting and certainly unforgettable event.

We hope to see you in September in Noordwijk, the Netherlands

On behalf of the NVA,

Jacco Zijl  
President

Scan QR-code to immediately go to our LinkedIn page!



# Program

September 23rd

**8.00 Registration & coffee/tea**

**8.30 Official welcome by Jacco Zijl, chairman NVA**

**8.40 Scientific program part 1: Shoulder - Plenary**

Chairmen: Tjarco Alta, Michel van den Bekerom

8.40 • Instability of the AC-Joint - what's new in 2021

*Knut Beitzel, ATOS Orthoparc Clinic Cologne, Germany*

9.00 • Arthroscopic Subacromial Decompression; Lessons from the CSAW Trial

*Andrew Carr, Nuffield Orthopaedic Centre Oxford, United Kingdom*

9.20 • Long portion of the biceps in cuff tear repair: why I have changed my mind

*Marc Limousin, Saint Omer, France*

9.40 • Title yet to be announced

*Ken Yamaguchi, Washington University, United States*

10.00 • Discussion

10.20 • Inspiration lounge

**10.20 Coffee/tea break**

**11.00 30th NVA annual member meeting (members only)**

**11.30 Scientific program part 2: Knee, reconstruction surgery - Plenary**

Chairmen: Jacco Zijl, Maarten Rademakers

11.30 • The role of the periphery in optimising knee kinematics in ACL reconstruction

*Andy Williams, Fortius London, United Kingdom*

11.50 • Biomechanics of Lateral Extra-Articular Tenodesis in the setting of ACL Reconstruction

*Danyal Nawabi, HSS New York, United States*

12.10 • Quad graft in primary and revision ACL reconstructions

*Peter Verdonk, Universiteit Antwerpen, Belgium*

12.30 • The pathophysiology of failed ACL reconstruction

*Andrew Pearle, HSS New York, United States*

12.50 • Discussion

13.10 • Inspiration Lounge

# Program

September 23rd

## 13.10 Lunch

- 13.30 • Industrial Innovations: upper extremity, lower extremity

## 14.10 Scientific program part 3: Free papers - Plenary

- 14.10 • Paper 1: to be announced

*TBA*

- 14.20 • Paper 2: to be announced

*TBA*

- 14.30 • Paper 3: to be announced

*TBA*

- 14.40 • Paper 4: to be announced

*TBA*

- 14.50 • Paper 5: Presentation results BITE Study

*Derek van Deurzen, OLVG, Amsterdam, The Netherlands*

## 15.00 Coffee/tea break

## 15.30 Scientific program part 4: ACL prevention - Plenary

Chairmen: Reinout Blokzijl, Roy Hoogeslag

- 15.30 • Prevention of the second ACL injury, is it possible?

*Francesco Della Villa, Isokinetic Bologna, Italy*

- 15.45 • Injury prevention: have we forgotten the patient?

*Alli Gokeler, Universiteit Paderborn, Germany*

- 16.00 • Prevention of knee injuries - national and international aspects and approaches

*Thomas Patt, Bergman, The Netherlands*

- 16.15 • STOP-X The Prevention Program of the German Knee Society

*Thomas Stoffels, OC Stadt Mitte Berlin, Germany*

- 16.30 • ACL injury prevention - what do studies tell us?

*Thomas Tischer, Universitair Centrum Rostock, Germany*

- 16.45 • Discussion

## 17.00 Wrap up of the day & Drinks

## 18.00 Start of anniversary social program - NVA Members only

# Program

September 24th

## 8.30 Registration & coffee/tea

## 9.00 Scientific program part 5: Ankle - Plenary

Chairmen: Rover Krips, Peter de Leeuw

- 9.00 • AOTS - is it really a viable treatment for large OCLs in the athlete?  
*James Calder, Fortius London, United Kingdom*
- 9.20 • The Anatomy of Lateral Ankle Instability  
*Michael Dalmau Pastor, University of Barcelona, Spain*
- 9.40 • A change in ankle arthroscopy: redefining minimally invasive  
*Gino Kerkhoffs, UMCA Amsterdam, The Netherlands*
- 10.00 • Nano arthroscopy in foot and ankle  
*John Kennedy, New York, United States*
- 10.20 • Diagnostics and Therapeutical injuries in the lateral ligament complex of the athlete's ankle  
*Pieter d'Hooge, Universiteit Leuven, Belgium*
- 10.40 • Discussion
- 11.00 • Inspiration Lounge

## 11.00 Coffee/tea break

## 11.30 Scientific program part 6: Knee, extended indications - Plenary

Chairmen: Derk van Kampen, Annemarie Goud

- 11.30 • The adventure of biological knee repair  
*Daan Saris, MayoClinic Rochester, Minnesota, United States*
- 11.50 • ACL reconstructions in pediatric patients  
*Rob Janssen, Máxima MC, The Netherlands*
- 12.10 • Update BEAR trial  
*Michael Hulstyn, University Orthopedics Rhode Island, United States*
- 12.30 • Bilateral knee dislocations  
*Duncan Meuffels, Erasmus MC, The Netherlands*
- 12.50 • Discussion
- 13.00 • Inspiration Lounge

## 13.00 Lunch

- 13.30 • Breakout sessions - Parallel

# Program

September 24th

## 14.00 Scientific program part 7a: Timing of imaging in sports injuries - **Parallel**

Chairmen: Rover Krips, Arthur van Noort

- 14.00 • Optimal timing of diagnostics in injuries of the lower extremity  
*Mario Maas and Gino Kerkhoffs, Amsterdam UMC, The Netherlands*
- 14.30 • Optimal timing of diagnostics in injuries of the upper extremity  
*Henk-Jan Woude and Derek van Deurzen, OLVG, The Netherlands*
- 15.00 • Discussion

## 14.00 Scientific program part 7b: Groin injuries - **Parallel**

Chairmen: Maarten Rademakers, Daniël Haverkamp

- 14.00 • Groin injuries  
*Adam Weir, Erasmus MC, The Netherlands*
- 14.30 • Physiotherapeutic considerations on the treatment of groin injuries  
*Igor Tak, Fysiotherapie Utrecht Oost, The Netherlands*
- 15.00 • Discussion
- 15.10 • Inspiration Lounge

## 15.10 Coffee/tea break

## 15.30 Scientific program part 8: Mental and physical aspect in sports injuries - **Plenary**

Chairmen: Tjarco Alta, Derk van Kampen

- 15.30 • What's beyond injury and surgery in elite athletes? - Mental health symptoms.  
*Dr. Vincent Goutteborge, Amsterdam UMC, The Netherlands*
- 16.00 • Load management and return to play of elite football players  
*Alan McCall, PhD, Edinburgh Napier University, Arsenal FC, United Kingdom*
- 16.30 • Discussion

## 16.40 Scientific program part 10: Final - **Plenary**

- 16.40 • Eikelaar award
- 16.50 • Conclusions

## 17.00 Farewell drinks



# Practical information

## Congress venue and hotel

Huis ter Duin  
Koningin Astrid Boulevard 5  
2202 BK Noordwijk

## Accreditation

6 points per day for: NOV, NVVH, VSG, KNGF  
12 pointst in total

## Organisation & information

Excel Congressservice  
Odette C.M. de Beer-Kock  
web: [www.excelcs.nl](http://www.excelcs.nl)  
e-mail: [info@excelcs.nl](mailto:info@excelcs.nl)  
tel: +31 (0)13-544 00 13

# Registration

	1 Day	2 Days
NVA member	€ 225,-	€ 425,-
NVA member, resident	€ 200,-	€ 350,-
Non member physisian	€ 275,-	€ 525,-
Non member, resident	€ 250,-	€ 425,-
Fyiotherapist	€ 250,-	€ 425,-
Student	€ 150,-	€ 275,-
Ticket dinner party	€ 90,-	
Hotel room	€ 185,-	
Hotel room with sea view	€ 235,-	

## NVA Member Package deal!

- 2 day registration
- 1 party ticket
- Hotel room  
incl. breakfast

Regular: € 675,-  
Resident: € 600,-

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