



30th anniversary

Nederlandse Vereniging
voor Arthroscopie



Lustrum Congress 2021

"Scope to the Future"

June 17&18, 2021

Huis ter Duin, Noordwijk

Go to www.scopie.org/jaarcongres to register



Smith+Nephew

Welcome

Dear colleagues, friends and partners,

In 2021 the NVA celebrates her 30st anniversary and we will do so with a spectacular event with a great line up of speakers and guests at a well-known location: Huis ter Duin in Noordwijk.

The NVA is inviting orthopedic surgeons, sports physicians and physiotherapists to register for our lustrum meeting and certainly unforgettable event.

We hope to see you in June in Noordwijk, the Netherlands

On behalf of the NVA,

Jacco Zijl
President

Scan QR-code to immediately go to our LinkedIn page!



Program

June 17th

8.00 Registration & coffee/tea

8.30 Official welcome by Jacco Zijl, chairman NVA

8.40 Scientific program part 1: Shoulder - Plenary

Chairmen: Tjarco Alta, Michel van den Bekerom

8.40 • Instability of the AC-Joint - what's new in 2020

Knut Beitzel, ATOS Orthoparc Clinic Cologne, Germany

9.00 • Arthroscopic Subacromial Decompression; Lessons from the CSAW Trial

Andrew Carr, Nuffield Orthopaedic Centre Oxford, United Kingdom

9.20 • Long portion of the biceps in cuff tear repair: why I have changed my mind

Marc Limousin, Saint Omer, France

9.40 • Title yet to be announced

Ken Yamaguchi, Washington University, United States

10.00 • Discussion

10.20 • Inspiration lounge

10.20 Coffee/tea break

11.00 30th NVA annual member meeting (members only)

11.30 Scientific program part 2: Knee, reconstruction surgery - Plenary

Chairmen: Jacco Zijl, Maarten Rademakers

11.30 • The role of the periphery in optimising knee kinematics in ACL reconstruction

Andy Williams, Fortius London, United Kingdom

11.50 • Biomechanics of Lateral Extra-Articular Tenodesis in the setting of ACL Reconstruction

Danyal Nawabi, HSS New York, United States

12.10 • Quad graft in primary and revision ACL reconstructions

Peter Verdonk, Universiteit Antwerpen, Belgium

12.30 • The pathophysiology of failed ACL reconstruction

Andrew Pearle, HSS New York, United States

12.50 • Discussion

13.10 • Inspiration Lounge

Program

June 18th

13.10 Lunch

- 13.30 • Industrial Innovations: upper extremity, lower extremity

14.10 Scientific program part 3: Free papers - Plenary

- 14.10 • Paper 1: to be announced

TBA

- 14.20 • Paper 2: to be announced

TBA

- 14.30 • Paper 3: to be announced

TBA

- 14.40 • Paper 4: to be announced

TBA

- 14.50 • Paper 5: Presentation results BITE Study

Derek van Deurzen, OLVG, Amsterdam, The Netherlands

15.00 Coffee/tea break

15.30 Scientific program part 4: ACL prevention - Plenary

Chairmen: Reinout Blokzijl, Roy Hoogeslag

- 15.30 • Prevention of the second ACL injury, is it possible?

Francesco Della Villa, Isokinetic Bologna, Italy

- 15.45 • Injury prevention: have we forgotten the patient?

Alli Gokeler, Universiteit Paderborn, Germany

- 16.00 • Prevention of knee injuries - national and international aspects and approaches

Thomas Patt, Bergman, The Netherlands

- 16.15 • STOP-X The Prevention Program of the German Knee Society

Thomas Stoffels, OC Stadt Mitte Berlin, Germany

- 16.30 • ACL injury prevention - what do studies tell us?

Thomas Tischer, Universitair Centrum Rostock, Germany

- 16.45 • Discussion

17.00 Wrap up of the day & Drinks

18.00 Start of anniversary social program - NVA Members only

Program

June 18th

8.30 Registration & coffee/tea

9.00 Scientific program part 5: Ankle - Plenary

Chairmen: Rover Krips, Peter de Leeuw

- 9.00 • AOTS - is it really a viable treatment for large OCLs in the athlete?
James Calder, Fortius London, United Kingdom
- 9.20 • The Anatomy of Lateral Ankle Instability
Michael Dalmau Pastor, University of Barcelona, Spain
- 9.40 • A change in ankle arthroscopy: redefining minimally invasive
Gino Kerkhoffs, UMCA Amsterdam, The Netherlands
- 10.00 • Nano arthroscopy in foot and ankle
John Kennedy, New York, United States
- 10.20 • Diagnostics and Therapeutical injuries in the lateral ligament complex of the athlete's ankle
Pieter d'Hooge, Universiteit Leuven, Belgium
- 10.40 • Discussion
- 11.00 • Inspiration Lounge

11.00 Coffee/tea break

11.30 Scientific program part 6: Knee, extended indications - Plenary

Chairmen: Derk van Kampen, Annemarie Goud

- 11.30 • The adventure of biological knee repair
Daan Saris, MayoClinic Rochester, Minnesota, United States
- 11.50 • ACL reconstructions in pediatric patients
Rob Janssen, Máxima MC, The Netherlands
- 12.10 • Update BEAR trial
Michael Hulstyn, University Orthopedics Rhode Island, United States
- 12.30 • Bilateral knee dislocations
Duncan Meuffels, Erasmus MC, The Netherlands
- 12.50 • Discussion
- 13.00 • Inspiration Lounge

13.00 Lunch

- 13.30 • Breakout sessions - Parallel

Program

June 18th

14.00 Scientific program part 7a: Timing of imaging in sports injuries - **Parallel**

Chairmen: Rover Krips, Arthur van Noort

- 14.00 • Optimal timing of diagnostics in injuries of the lower extremity
Mario Maas and Gino Kerkhoffs, Amsterdam UMC, The Netherlands
- 14.30 • Optimal timing of diagnostics in injuries of the upper extremity
Henk-Jan Woude and Derek van Deurzen, OLVG, The Netherlands
- 15.00 • Discussion

14.00 Scientific program part 7b: Groin injuries - **Parallel**

Chairmen: Maarten Rademakers, Daniël Haverkamp

- 14.00 • Groin injuries
Adam Weir, Erasmus MC, The Netherlands
- 14.30 • Physiotherapeutic considerations on the treatment of groin injuries
Igor Tak, Fysiotherapie Utrecht Oost, The Netherlands
- 15.00 • Discussion
- 15.10 • Inspiration Lounge

15.10 Coffee/tea break

15.30 Scientific program part 8: Mental and physical aspect in sports injuries - **Plenary**

Chairmen: Tjarco Alta, Derk van Kampen

- 15.30 • What's beyond injury and surgery in elite athletes? - Mental health symptoms.
Dr. Vincent Goutteborge, Amsterdam UMC, The Netherlands
- 16.00 • Load management and return to play of elite football players
Alan McCall, PhD, Edinburgh Napier University, Arsenal FC, United Kingdom
- 16.30 • Discussion

16.40 Scientific program part 10: Final - **Plenary**

- 16.40 • Eikelaar award
- 16.50 • Conclusions

17.00 Farewell drinks

Practical information

Congress venue and hotel

Huis ter Duin
Koningin Astrid Boulevard 5
2202 BK Noordwijk

Accreditation

6 points per day requested for: NOV, NVDH, VSG, KNGF

Organisation & information

Excel Congressservice
Odette C.M. de Beer-Kock
web: www.excelcs.nl
e-mail: info@excelcs.nl
tel: +31 (0)13-544 00 13

Registration

	1 Day	2 Days
NVA member	€ 225,-	€ 425,-
NVA member, resident	€ 200,-	€ 350,-
Non member physician	€ 275,-	€ 525,-
Non member, resident	€ 250,-	€ 425,-
Fyiotherapist	€ 250,-	€ 425,-
Student	€ 150,-	€ 275,-
Ticket dinner party	€ 90,-	
Hotel room	€ 185,-	
Hotel room with sea view	€ 235,-	

NVA Member Package deal!

- 2 day registration
- 1 party ticket
- Hotel room
incl. breakfast

Regular: € 675,-
Resident: € 600,-

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