



30th anniversary

Nederlandse Vereniging
voor Arthroscopie



Lustrum Congress 2021

"Scope on the Future"

September 23 & 24, 2021

Huis ter Duin, Noordwijk



Smith+Nephew

Welcome

Dear colleagues, friends and partners,

In 2021 the NVA celebrates her 30st anniversary (initially planned for 2020). Finally, we can get live together again! We have put together a spectacular event and created a great line up of speakers and guests at our well-known conference location: Huis ter Duin in Noordwijk. The organizing committee has put a lot of effort into making this a truly memorable and Corona-safe event.

We are so happy to see you, our colleagues: orthopedic surgeons, sports physicians and physiotherapists, at the venue to experience an unforgettable meeting.

To quote the president of the famous Dutch 'elfstedentocht' association: It giet oan! (it's happening!).

On behalf of the NVA, welcome to Noordwijk.

Jacco Zijl
President

Scan QR-code to immediately go to our LinkedIn page!



Program

Thursday, September 23rd

08.00 Registration, Corona Check & coffee/tea at the exhibition

08.55 Official welcome by Jacco Zijl, chairman NVA

09.00 Shoulder Session

Chairmen: Tjarco Alta, Michel van den Bekerom

09.00 Instability of the AC-Joint - what's new in 2021

Knut Beitzel, ATOS Orthoparc Clinic Cologne, Germany

09.20 Why are there no rotator cuff tears in non-human great apes?

Alexander van Tongel, UZ Gent, Belgium

09.40 Long portion of the biceps in cuff tear repair: why I have changed my mind

Marc Limousin, Saint Omer, France

10.00 Discussion

10.15 30th General NVA Members Meeting (members only)

10.45 Coffee/tea break

11.30 Knee, reconstruction surgery

Chairmen: Jacco Zijl, Maarten Rademakers

11.30 The role of the periphery in optimising knee kinematics in ACL reconstruction

Peter Verdonk, Antwerp University, Belgium

11.50 Why, when and who fails non-operative treatment of anterior cruciate ligament injury.

Duncan Meuffels, Erasmus MC, Rotterdam

12.10 *Biomechanics of Lateral Extra-Articular Tenodesis in the setting of ACL*

Reconstruction

Peter Verdonk, Antwerp University, Belgium

12.30 The pathophysiology of failed ACL reconstruction (online)

Andrew Pearle, HSS New York, United States

12.50 Discussion

13.00 Lunchbreak

14.00 Arthrex Nederland Sponsored Session

Nanoscopy: why, how, why not!

Gino Kerkhoffs, Amsterdam UMC

Program

Thursday, September 23rd

14.30 Free papers

Chairmen: Frank Bloemers, Wybren van der Wal
(6 min presentation + 2 min discussion)

14.30 Best Presentation will receive the Dr. Eikelaar Award (€ 3500)

Capsular closure versus unrepaired capsulotomy in hip arthroscopy, results of the CLOSE randomized controlled trial.

Niels Bech, Amsterdam UMC

14.38 Incidence of (Osteo)Chondral Lesions Concomitant to Chronic Lateral Ankle Instability: Systematic Review and Meta-analysis

E.J. Wijnhoud, Amsterdam UMC

14.46 Second-Look Arthroscopy after Surgery for Osteochondral Lesions of the Talus: A Systematic Review and Meta-Analysis

J.T. Vreeken, Amsterdam UMC

14.54 Structural abnormalities on MRI in patients aged 45 years or younger with atraumatic shoulder complaints.

Freek Hollman, Maastricht UMC

15.02 Translation and transcultural validation of the Dutch Hospital for Special Surgery Paediatric Activity Brief Scale (HSS Pedi-FABS)

Marijn Dietvorst, Maxima Medisch Centrum Eindhoven

15.10 Long head Biceps TENodesis or tenotomy in arthroscopic rotator cuff repair. The BITE study

Derek van Deurzen, OLVG Amsterdam

15.20 Coffee/tea break

16.00 ACL prevention

Chairmen: Reinout Blokzijl, Roy Hoogeslag

16.00 Prevention of the second ACL injury, is it possible?

Francesco Della Villa, Isokinetic Bologna, Italy

16.15 Injury prevention: have we forgotten the athlete?

Alli Gokeler, Universiteit Paderborn, Germany

16.30 Prevention of knee injuries - national and international aspects and approaches

Thomas Patt, Bergman, The Netherlands

Program

Thursday, September 23rd

- 16.45 STOP-X The Prevention Program of the German Knee Society
Thomas Stoffels, OC Stadt Mitte Berlin, Germany
- 17.00 ACL injury prevention - what do studies tell us?
Thomas Tischer, Universitair Centrum Rostock, Germany
- 17.15 Discussion
- 17.30 Eikelaar Award Session**
Harrie Eikelaar
- 17.40 Conclusion & Drinks**
Maarten Rademakers
- 19.00 Anniversary Evening at Breakers Beach House**
- 23.30 (Entrance ticket mandatory & Corona Check App)**

Program

Friday, September 24th

08.00 Registration, Corona Check & coffee/tea

08.30 Ankle

Chairmen: Rover Krips, Peter de Leeuw

08.30 AOTS - is it really a viable treatment for large OCLs in the athlete? (online)

James Calder, Fortius London, United Kingdom

08.50 The Anatomy of Lateral Ankle Instability

Miki Dalmau Pastor, University of Barcelona, Spain

09.10 A change in ankle arthroscopy: redefining minimally invasive

Gino Kerkhoffs, Amsterdam UMC, The Netherlands

09.30 Nano arthroscopy in foot and ankle (online)

John Kennedy, New York, United States of America

09.50 Quick break for coffee

10.10 Ankle: part 2

10.10 "Syndesmotomic injuries in athletes: should we look beyond the ankle?"

Pieter d'Hooghe, Aspetar Orthopaedic and SportsMedicine Hospital, Doha, Qatar

10.30 Developing a Consensus on Ankle Cartilage Injuries: From Pittsburgh to Dublin and Beyond" (online)

Christopher D. Murawski, University of Pittsburgh, United States of America

10.50 Discussion

11.00 Coffee/tea break

11.30 Timing of imaging in sports injuries

Chairmen: Wybren van der Wal, Arthur van Noort

11.30 Optimal timing of diagnostics in injuries of the lower extremity

Mario Maas & Gino Kerkhoffs, Amsterdam UMC

11.50 Optimal timing of diagnostics in injuries of the upper extremity

Henk-Jan van der Woude & Derek van Deurzen, OLVG Amsterdam

12.10 Discussion

12.15 Groin injuries

Chairmen: Maarten Rademakers, Daniël Haverkamp

12.15 Scope on diagnosing groin in 2021 and beyond

Adam Weir, Erasmus MC, The Netherlands

Program

Friday, September 24th

- 12.35 Optimizing outcomes for groin injuries: what can we do together in 2021 and beyond?
Igor Tak, Fysiotherapie Utrecht Oost, The Netherlands
- 13.55 Discussion
- 13.00 Lunchbreak**
- 14.00 Mental and physical aspect in sports injuries**
Chairmen: Tjarco Alta, Derk van Kampen
- 14.00 What's beyond injury and surgery in elite athletes? - Mental health symptoms.
Dr. Vincent Goutteborge, Amsterdam UMC, The Netherlands
- 14.20 Load management and return to play of elite football players (online)
Alan McCall, PhD, Edinburgh Napier University, Arsenal FC, United Kingdom
- 14.40 Discussion
- 14.50 Tea Break**
- 15.20 Knee, extended indications**
Chairmen: Rover Krips, Annemarie Goud
- 15.20 The adventure of biological knee repair (online)
Daniel Saris, MayoClinic Rochester, Minnesota, United States
- 15.40 ACL reconstructions in pediatric patients
Rob Janssen, Máxima MC, The Netherlands
- 16.00 Update BEAR trial (online)
Michael Hulstyn, University Orthopedics Rhode Island, United States
- 16.20 Bilateral knee dislocations
Duncan Meuffels, Erasmus MC, The Netherlands
- 16.40 Discussion
- 16.50 Farewell & Thank you's**
- 17.00 Drinks & Bites**

Practical information

Congress venue and hotel

Huis ter Duin
Koningin Astrid Boulevard 5
2202 BK Noordwijk

Accreditation

6 points per day for: NOV, NVWH, VSG, Keurmerk & KNGF
12 points in total

Organisation & information

Excel Congressservice
Odette C.M. de Beer-Kock
web: www.excelcs.nl
e-mail: info@excelcs.nl
tel: +31 (0)13-544 00 13

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